

A Publication of the St. Albert Knights of Columbus Council # 4742

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Grand Knights Report - October 2014 "Ask yourselves this question: How often is Jesus inside and knocking at the door to be let out, to come out? And we do not let him out because of our own need for security, because so often we are locked into ephemeral structures that serve solely to make us slaves and not free children of God." (Pope Francis)

welcome Brother Knights

With all the events that have been happening in our parish these past few months all I could think about is our call to Service. When I think of our call to Service I keep thinking of our Pope. Here is a man that was unafraid of reaching out to the people and shows compassion and care to the ones that he serves. He truly is an inspiration for all of us.

There is a call in all of us to help the less fortunate and to help build up each and every person we encounter. Service to others is hard We need to step out of our comfort zone and reach out to others. It is far too easy to get caught in the "rut" that is our daily routine. I find it hard to find the balance of family, work, social and charity. All too often we put prayer on the back burner and engulf ourselves with distractions. I myself have fallen victim to the vicious cycle that is "the rut". Only when I put prayer as a foundation in my life do I find that I can make sense of all the demands that my life constantly asks of me. To have prayer as an anchor in our everyday lives. helps us as children of God to find strength to handle the constant demands of everyday life, and allow us to reach out to others.

Service is a method that I personally use to help me refocus. Service is one of many ways to pray as well as helps us grow. The ultimate question is "What is Service?". The only thing I can think of is a poem I wrote a few years back about Gods Love.

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The next General Meeting is on Wednesday October 15, 2014 in council chambers. There will be a First Degree Ceremony



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## **Your Executive!**

Chaplain

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## October 2014 Meeting The Sacraments

## **Opening Prayer**

Lord, teach us to pray: "Our Father..."

## *The Reading* (To be read by the Leader)

## The Sacraments - Part II

Worthy Brothers in Christ,

Last month we established the absolutely essential nature of the seven sacraments with regard to living grace-filled lives as Catholic men. In fact, the sacraments are the primary source of the grace we need to be happy in this world and ultimately arrive with our loved ones to the heavenly kingdom in the next. The grace we receive in the sacraments is the freely given gift of God's love to us that enables us to be His love for others here in the world. So we have established what grace is, and we defined the sacraments as "visible signs of invisible grace".

Practically speaking, what does a sacrament consist of? We know that there are seven specific sacraments within the life of the Church. They are Baptism, Reconciliation, Holy Eucharist, Confirmation, Marriage, Holy Orders and the Sacrament of the Sick. All of the sacraments are profoundly important in our lives, with Baptism, I would say, being named as the essential sacrament, because without the sacrament of Baptism we cannot validly participate in any of the other sacraments. Baptism is the entry or gateway into the life of grace that we are called to as children of God.

The Catechism of the Catholic Church states: "Celebrated worthily in faith, the sacraments confer the grace that they signify. They are efficacious because in them Christ himself is at work: it is He who baptises, He who acts in the sacraments in order to communicate the grace that each sacrament signifies." (CCC 1127) As stated, St. Augustine of Hippo did most of the heavy lifting to give us an understanding of what the sacraments are. He did this using Greek philosophy. He applied this premise to the sacraments concluding that a sacred sign must lead one to a sacred or religious reality.

#### *The Reflection* (To be read by the Leader)

In any sacrament there must be two necessary ingredients: matter and form. The matter is what is seen and felt. The form (or formula) is the words spoken. An example: simply pouring water over an individual's head is meaningless as a sign, but when the words "I baptise you in the name of the Father and of the Son and of the Holy Spirit" are spoken, they give direction and meaning to, they "inform" the matter. Make no mistake here. The sacraments are not magic; they are a primary source of grace because it is our Lord Himself who is at work within the sacrament. Simply put brothers, it is the grace of God at work. I would say that most of us can attest to the grace of God at work in many ways in our lives. Perhaps a poignant example might be the first time we gazed into the eyes of our firstborn child. Generally speaking, it is truly a God-moment for most.

In addition to the matter and form, every sacrament must also have a minister and a subject. one who is to give the sign and one who receives. For each of these there is a basic requirement. The individual subject must be properly disposed, and the minister must intend to do what the Church wants done. The subject and the minister will perform both of their parts imperfectly. It is reasonable to say that no person could be ever perfectly disposed to receive and then to become the Body of Christ in the reception of the Holy Eucharist. It is also reasonable to say that no priest is ever fully properly disposed to pray the words of consecration perfectly, but our Lord knows the heart of the subject and of the minister. In fact, the Church has made it a doctrine that the worthiness or unworthiness of the minister is not a factor in the dispensing or the efficacy of the sacraments. Remember it is the Lord Himself who administers the sacraments, and the clergy or minister is simply a subordinate doing the best that he is able. Next month, Baptism. (657)

## **Meditation** Period

(The Leader now invites the members to spend a few moments in silent reflection, as the above text is not meant to be a ready-made answer but a starter for personal reflection on the theme.)

## **Fraternal Sharing**

(The leader now invites the members to share with their Brother Knights any relevant thoughts that came to them during the meditation period.)

**Closing** Prayer

(Recited by all)

Let us pray:

"Almighty ever-living God, grant that we may always conform our will to yours and serve your majesty in sincerity of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen."

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Gods Love In our actions. God's Love is When we care for the sick Pure Love When we help a friend in need unstained Love In the words we say to a Loved one uncorrupt Love In the words we say to somebody we hardly talk to Perfect Love In the thoughts we have of the people around us In the thoughts of those far away What is Love? Yet always close to our hearts. Love is Complex Yet Love is Simple Keep love pure Love is Compassion Keep love simple Love is Beauty Let God take care of the complex love Keep love perfect Where can you find Love? Make the world a better place Love is in a Smile Show the world God's love Love is in a Child In its simple form Love is in a Hug With Actions, Words, Thoughts Love is in our Action's Show love with your Life Our Words, Our Thoughts Live Love with all your heart Body, and soul and others will follow. Love is everywhere and anywhere Let us take a moment to Pray, reflect, and serve. In the Smile you Give to a stranger In the Children you raise Or, Help raise Vivat Jesus In the Hug you give to the person **Grand Knight** that means the world to you, **Daniel** Chauvet or the person sitting next to you in the pew.

# **Obtain your Grocery Gift Cards before or after Mass**

Remember that Grocery cards are available, and we are more dependant on our projects because of the absence of income from Casinos and Bingos. Grocery Cards are available at the back of the Church and at meetings. You may contact Gerry Buccini at 780-4597384 or Frank Polanski at 780-459-7941

Watch the website for upcoming events!

# PANCAKE BREAKFASTS

Please remember that the first Sunday of every month is our Pancake Breakfast. We are in need of volunteers; with many hands we make light work!

# **GROCERY CARDS**

Brothers, we need your help! Many of you purchase these cards but there are so many who do not. We remind you that cards are always available. You do not have to wait for the monthly Pancake Breakfast. Call Gerry or Frank and we will arrange to get cards to you.

Remember we Average close to seven thousand dollars a year in profits. Can you imagine what we would make if twenty more parishioners participated? These "new" clients will only be realized with your assistance. Remember our key word: "Networking"! We do need you!

Br. Gerry Buccini

# **FUNDRAISER ACTIVITIES**

Once again this year...advance notice...our major fundraisers will be the popular Mardi Gras Dance and the Irish Hooly. Mark your calendars for FEBRUARY 6<sup>th</sup> and MARCH 13<sup>th</sup> for two special evenings of fun and frivolity. We will be seeking volunteers to assist with both events. If you have an interest at this time, please contact DGK Gerry.

## WHEELCHAIRS FOR ECUADOR

There is a worthwhile project to provide wheelchairs to the needy in Ecuuador. The chairs are of a sturdy design and are at reasonable cost. The project is looking for donations for shipment or for money for wheelchairs. Those interested in donating should contact a member of the Executive.

Good of the Order Please pray for the repose of the soul of Br. Bill Webb

Please pray for our Brother who is ill: Br. Gerry Turgeon



# The 24-Hour Knight

Today's young man has many commitments. From his duty to his family to his obligation to his workplace, there are constant calls on his time. How many times have your council's recruiters heard the reply, "I don't have much time to give to the Knights, so why should I join?" It's a common concern among many prospects that they just don't have the time to be a part of the Knights of Columbus.

Imagine if you were able to tell a man that if he could just give 24 hours a year to the Knights of Columbus he could make a positive difference in his community and Church. Below is an illustration of just how little time it takes to be an active part of the Order. Even with this minimal commitment he can be an important part of his council, and reap the benefits membership has to offer him and his family. When talking to a prospect about joining our Order, try breaking down the time commitment in this way:



 12 hours a year reading the weekly parish bulletin, the state and local council newsletters, *Columbia* magazine, and surfing the state council and Supreme Council Web sites.

• Two hours a year attending, with his family, two corporate Communions or council prayer services at his parish.

• Two hours a year on a councilsponsored Church, community, council, family or youth project of his choosing.

• Two hours a year attending one council meeting. (If it's a well-run, interesting meeting he might even come back for a second.)

• Four hours a year enjoying (again, with his entire family) a council social function such as a dinner, dance, picnic, etc That's only 24 hours a year, which practically any man can fit into his schedule. When you present the time commitment of joining the Order in this way, it doesn't seem very intimidating at all. Once a man becomes a member and sees how rewarding being a part of the Knights of Columbus is, he'll want to dedicate more of his time to the Order.

If your council doesn't conduct some of the types of programs mentioned above, consider implementing them or similar ones. If your council doesn't have a newsletter consider starting one – there is no better way to keep your members informed and active.

There are 8,760 hours in a year. By giving the Knights of Columbus 24 of those hours (less than .3 percent), a man can be a better Catholic, a better father, a better husband and a better person. Think of the difference the Knights of Columbus can make in our communities if these men join us. We only have to let each qualified prospect know that he has the time – only 24 hours – to join and make a difference in his Church community.

# THE 24-HOUR KNIGHT

Being a member of the Knights isn't as time-consuming as some prospects may think. When you ask prospects to join the Order explain that we are asking for 24 hours of their time each year in the following manner:

- 12 hours a year reading the weekly church bulletin, the state and local council newsletters and the monthly Supreme Council magazine COLUMBIA.
- 2 hours a year volunteering at a council event of their interest
- 2 hours a year attending two council prayer services with their family
- 2 hours a year on a council sponsored family project or event
- 2 hours a year attending one council meeting, if it is a good one they attend more
- 4 hours a year attending a council social function with their family