

A Publication of the St. Albert Knights of Columbus Council #4742

Prayer of Repetition

Opening Prayer

Lord teach us how to pray... In the name of the Father and of the Son and of the Holy Spirit. Amen.

The Reading

(to be read by the Leader) Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavens, as he chose us in him, before the foundation of the world, to be holy and without blemish before him. In love he destined us for adoption to himself through Jesus Christ, in accord with the favour of his will, for the praise of the glory of his grace that he granted us in the beloved.

In him we have redemption by his blood, the forgiveness of transgressions, in accord with the riches of his grace that he lavished upon us. In all wisdom and insight, he has made known to us the mystery of his will in accord with his favour that he set forth in him. (Ephesians 1,3-9)

The Reflection

(to be read by the leader) We have just heard a prayer of the apostle Paul. He also reminds us to pray constantly. The early monks of the Middle East developed a simple practice of prayer, the so called "Jesus Prayer". *"Lord Jesus, Christ, Son of God; have mercy on me, a sinner. "*

This prayer is repeated over and over again. It is like a Christian mantra. It proclaims that Jesus is God, that he is the messiah (Christ), the savior and is the Son of God, the God-Man sent by the Father. Added is the cry of the publican in the Gospel invoking God's mercy, recognizing that we are sinners. By repetition we create a praying habit in us, (repetition is something which we do habitually). It is easy to remember and we can say it wherever we are and whatever we do. Similar to the Jesus Prayer is the Chaplet of Divine Mercy which has been introduced by St. Faustina. It follows the general set-up of rosary beads and repeats always "For the sake of his sorrowful passion, have mercy on us and on the whole

world. "

It was one of John Paul 's favourite devotions. He renamed for this purpose the 2nd Sunday of Easter as Divine Mercy Sunday.

A third type of repetitious prayer is a Litany. In liturgical celebrations we use only the Litany of All Saints in a short or longer form as needed to show the communion of prayer between the saints in heaven and us here on earth. As we pray in the creed " I believe in the communion of Saints". Other favorite litanies are the Litany of Loreto to Our Lady, the Litany of the Sacred Heart, and the Litany to St. Joseph.

Meditation Period

(The leader now invites the members to spend a few moments in silent reflection as the above text is not meant to be a ready-made answer but a starter for personal reflection on the theme)

Fraternal Sharing

(The leader now invites the members to share with their Brother Knights any relevant thoughts that came to them during the meditation period.)

Closing Prayer (*Recited by all*) God our Father, you have promised to Remain forever with those who do what is just and right. Help us to live in your presence. We ask this through Christ our Lord, in unity with the Holy Spirit, one God forever and ever. Amen.

Please bring a copy of this Beacon to the next regular meeting so that you can more fully participate in the

readings, meditation and pravers. If you are unable to attend please reflect on the readings in your own way.



FOUNDED FEB.,16,1959 Mailing Address 7 St. Vital Ave. St. Albert, AB T8N 1K1

-Your Executive!

Chaplain Fr. Andrzej Stendzina, OMI Grand Knight Gerald (Gerry) Woodlock 459-2435 Deputy Grand Knight

Terrence (Terry) Sperling 459-5479

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Warden Norm Dust 459-2869

Inside Guard Tony Csilics 458-0065

Outside Guard

Glenn Fritz 460-2216

Trustee 1 Bernie McCracken 459-2457

Trustee 2 John Saban 460-2380

Trustee 3 Gerald (Gerry) Turgeon 459-4721

Message from the Grand Knight! Dear Brother Knights,

March already and time to think about our elections. Gerry Buccini and Tony Csilics are busy putting together a slate of officers for our April elections. I would like the election before the state convention so our new grand knight can attend.

Thanks to all knights who have contributed time and energy to the parish jubilee. We have had two remarkable celebrations thus far with a third, the parish Lenten mission to take place this month.

Our next meeting will be in our new meeting room. Access the room from the kitchen door at the northwest corner of the church. We will begin our meeting with a first degree initiation. If any of you have a new member they would like to bring to that meeting, please contact me.

At our last meeting, we agreed in principle that we would purchase round tables for the church hall. I will make a notice of motion at this time that we go forward with the purchase of the tables.

Upcoming events include the Blue Mass in May, our year end barbecue in June, and, of course the pancake breakfasts and bingos.

You will find a sign up sheet for volunteers at the Foyer Lacombe. If you have any questions, please call me. This is a worthy cause and very much needed. The elderly Oblates who have served most of their lives in the missions need our help and support if they are to enjoy their retirement years.

Don't forget the grocery cards.

Miles

Grand Knight

Gerry Woodlock

Good of the Order! Please keep in your prayers... Patrick Woodlock and son Ben, Jean Paul Roy, Alan Stephenson, Dr. Albert J. Geeraert. Armand Carignan



REMINDER!

The Pancake Breakfast is on



<u>1st. Sunday of every Month</u> following the **9:00 a.m.** and

11:00 a.m. Mass. Single Family: \$15.00 Adults: \$5.00 Children under 16: \$3.00

Now Serving Scrambled Eggs

Join us in friendship

Blood Donor Clinic at the Church Parish Hall.



Next Blood Donor Clinic Monday, April 25th From 3:00 to 8:00 p.m. Appointments 1 888 2 DONATE

1 888 236-6283

Results for the Monday February 28th Clinic. 178 in Attendance 162 Units collected 16 Deferrals



Remember the Bingos are now at Grandin Mall (Non Smoking)

Wed., May 4 - Evening Sun., June 26- Afternoon Fri., August 26- Evening Wed., October 5- Evenings Sat., November 19- Afternoon Thurs., December 29- Evenings Sat., January 28, 2012 - Afternoon Contact Jim Van Horn at 406-9889 to Volunteer.



Please make welcome two new 1st Degree Brothers Stanley G Holzman (L) and Marc Lambertus. Congratulations to you both. **Our Council now has our own 1st degree team and the next 1st degree will be on...**

WEDNESDAY, MARCH 16th., PRIOR TO OUR REGULAR MEETING AT 7: OO P.M.

But keep in mind we have...





We now have a K of C Hall located in the former library in the church basement. Enter from the North West Door of the church come down the steps (just a few) and down the hall to our new quarters.

<u>Alberta-Northwest Territories</u> <u>State Convention 2011</u> <u>April 29– May 1</u> The Coast Plaza Hotel & Conference Centre 1316 33 Street N.E. Calgary, Alberta If interested in attending please contact Grand Knight Gerry Woodlock. Deadline to register March 29th.

NOMINATING COMMITTEE

Brothers Tony Csilics and Gerry Buccini will conduct the election of Directors for the next Columbian Year 2011-2012. at our meeting on **Wednesday, April 20th**. If you wish to know the duties of the directors or have an interest in any of the positions please make you intentions known to either Tony or Gerry, they would be pleased to hear of your interests.

MARDI GRAS REPORT

The annual Mardi Gras Dance was another success with our Council realizing a profit of approximately twenty-three hundred dollars, all of which has now been donated to the 150th Jubilee Committee.

I would like to thank Brothers Ron Van Halst, Moe Douville, Joe Kendi, Bob Pampu, Danny Boisvert and Frank Polanski for all their help in the areas of food and drink, set-up and cleanup, and all financial "sales". A special thank you also goes our" professional" 50/50 salesman, Herb Scott, who helped us raise over three hundred seventy dollars in this popular fundraiser. This year we also introduced a special gimmick to raise a few more dollars: a "Name That Tune" contest. Here another hundred fifty dollars were raised.

The Band was again great! The 150 plus attendees danced the night away. And the special "late lunch" was a huge success. Many first-timers commented how much they enjoyed the evening and promised to be back again next year. Thanks to all Knights and their spouses/families/ friends who attended. Gerry Buccini Chancellor

BLUE SUNDAY

Our annual Blue Sunday Mass will be held on the FIRST SUNDA Y of MAY at the 11:00 service. With this advanced reminder we hope that all Brother Knights will be able to attend. Even more importantly, we challenge you all to bring/invite a police officer, EMS worker, firefighter, military personnel, peace officer, prison guard, or anyone that may risk his/her life on a daily basis to make our society a safer place to be. Please tell your invitee that he/she and members of their families will also be invited to our Pancake Breakfast following the Mass.

This is a very important day in our Parish life and we hope once again to have a great turnout, one that will only happen with your assistance.

For the most up to-date 150th jubileeinformation visit the web site: www.stalbert150jubilee.com

SPECIAL CONCERT TO HONOUR OBLATES AND GREY NUNS

The St. Albert Community Band has extended a special invitation to all Oblates and Grey Nuns to be their special guests at the Band's annual Spring Concert, to be held on **THURSDAY**, **JUNE 9th**., at the Arden Theatre.

This special concert is the Community Band's way of recognizing this group of men and women who have been so important in the history of St. Albert and our Catholic Church. The Band will be dedicating a special musical selection to these guests, and a brief "history" of the Oblates and Grey Nuns will be outlined during the performance.

We will be requiring the assistance of the Knights in helping our Oblate guests get to and from the concert safely. Our Worthy Recorder, John Onyskiw, will be coordinating rides/transfers provided by our Knights Council. (The Grey Nuns transportation will be handled by Laurel Lutes and her committee.) All tickets for the Oblates and Grey Nuns will be complimentary as well as tickets for the "handlers" and their families. Please contact Brother John if you are able to assist.

It is important for the Band and the staff of the Arden Theatre to know "numbers" and the guests who may require wheelchair assistance. These numbers are important obviously for seating purposes, and hopefully can be determined no later than the middle of May.

Brother Knights, help us continue to recognize these special people once again by participating in the June Concert.

Clip this friendly reminder and place it under your fridge magnet.

If you shop any of the grocery stores listed below, please consider before you shop obtaining a Grocer, Gift Card at the Pancake Breakfasts or by calling Gerry Buccini at 459-7384. This is are best fund raiser ever and we thank you for your continued support.

BECOME A VOLUNTEER AT FOYER LACOMBE- A DIVISION OF PLACID FOUNDATION

At our last regular meeting a presentation by Sheree C. Thorne, Recreation Therapist was made. She has extended a formal invitation to all Knight of Columbus members to become an active volunteer at Foyer Lacombe . Volunteers play a vital role at Foyer Lacombe. They make significant contributions in many areas and enhance the quality of life for their residents. You will be surprised in what it can do for you once you get involved.

PRIORITY VOLUNTEER NEEDS: Companionship/Visiting- Medical Appointments-Resident Requests– Shopping INTEREST and SKILLS INVENTORY

Please indicate any skills and/or interests you would enjoy sharing with the residents at Foyer Lacombe.

If you have a HIGH interest, indicate with a H. For AVERAGE Interest, indicate with a A.

<u>Recreational</u>	Painting -	Drawing/Sketching	Singing
Art	Photography -	Football	Other
Baby Visits	Toy Making -	Golf	<u>Companionship</u>
(bring your baby to visit]	Whist -	Movies	One-to-One Visiting
Bowling -	Music (listening) -	Pet Visits	Reading Aloud
Bridge -	Billiards -	Scrabble	Writing Letters
<u> Ceramics</u>	Models	Walking	<u>Mealtime Assistance</u>
Chess -	Board Games	Woodworking	<u>Other Activities</u>
Cooking -	Bridge	Fishing	Reception Greeting
Cribbage -	Cards	Entertainment/Performing	Visitors
Fitness -	Checkers	Dance	Special Event planning
Gardening -	Computer/Typing	Drama	Out Trips
Hockey -	Crafts	Musical Instrument	Facility Decoration
YES, I am interested in ob to begin volunteering	taining a formal application	AUTHORIZATION FOR THE R	RELEASE OF INFORMATION

PLEASE PRINT PERSONAL	Date of Application / /	I,, hereby give permission to Foyer Lacombe a division of Placid Foundation, to obtain informa	
Name		tion regarding my previous employment, education and/or volunteer background including a Security Clearance	
Home Address		Check.	
	PROVPOSTAL CODE	To the best of my knowledge, the above information is correct.	
HOME PHONE	CELL PHONE	Signature: Date:_/_/	
EMERGENCY CONTACT		Once you have completed this information request please	
Name	Relationship	forward it to – Sheree Thorne, Recreation Therapist	
Home Phone	Work Phone	Foyer Lacombe	
<u>REFERENCES</u>		1 St. Vital Avenue	
Please provide us with two references.		St. Albert, Alberta T8N IKI	
Name	Relationship	Ph: (780) 4!8.6869 Fax: (780) 418-2555 Email: shereet@foyerlacombe.ca <u>A formal application form will be sent to you later.</u>	
Home Phone	•		
Name	Relationship		