

# The Beacon

A Publication of the St. Albert Knights of Columbus Council #4742  
www.stalbertcouncil4742.ca



**FOUNDED FEB., 16, 1959**  
Mailing Address 7 St. Vital Ave.  
St. Albert, AB T8N 1K1

## FORMATION PROGRAM APRIL 2013 The Virtue of Temperance

### Opening Prayer

Lord teach us to pray:  
Our Father...

### The Reading

*(to be read by the Leader)*

Hence, now there is no condemnation for those who are in Christ Jesus. For the law of the spirit of life in Christ Jesus has freed you from the law of sin and death. For what the law, weakened by the flesh, was powerless to do, this God has done: by sending his own Son in the likeness of sinful flesh and for the sake of sin, he condemned sin in the flesh, so that the righteous decree of the law might be fulfilled in us, who live not according to the flesh but according to the spirit. For those who live according to the flesh are concerned with the things of the flesh, but those who live according to the spirit with the things of the spirit. The concern of the flesh is death, but the concern of the spirit is life and peace. For the concern of the flesh is hostility toward God; it does not submit to the law of God, nor can it; and those who are in the flesh cannot please God.

(Romans 8, 1-8)

### The Reflection

*(to be read by the leader)*

The epistles of Paul compare again and again the life of a Christian to a life of pagans. The life of a Christian is always directed by the grace of God while the behaviour of non-believers is left to their own will and judgement.

The virtue of temperance, or as it is also called self-control, gives the human being the control of his pleasures, his instincts and the use of created goods. All these things are there for our human use but they can lead us astray when we do not

control them. We can eat too much, drink too much alcohol, spend too much time for recreational things and the glorification of our body and use drugs which make us depend on them, even cigarettes and tobacco products. Pornographic materials and practices have led many astray, and as we all know, and are very sorry about, even priests have been subject not only to pornography but sexually abusing the young. That all contravenes the virtue of self-control and it is not an easy virtue to practice. In our time when the sexual stimulation is rampant in public and the media, we have to be even more guarded than ever before. Fathers who have to look after a family, especially with young children, have to give a good example to instil in children the self-control which may make them different from the world around, but virtuous in the eyes of God.

### Meditation Period

*(The leader now invites the members to spend a few moments in silent reflection, as the above text is not meant to be a ready-made answer but a starter for personal reflection on the theme.)*

### Fraternal Sharing

*(The leader now invites the members to share with their Brother Knights any relevant thoughts that came to them during the meditation period.)*

### Closing Prayer

*(Recited by all)*

Let us pray;  
Almighty ever-living God, grant that we may always conform our will to yours and serve your majesty in sincerity of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen.

## Your Executive!

### Chaplain

Fr. Andrzej Stendzina, OMI

### Grand Knight

Terrence (Terry) Sperling  
459-5479

### Deputy Grand Knight

Gerry Buccini  
459-7384

### Chancellor

Joseph (Joe) Radosh  
459-7384

### Financial Secretary

Tony Csilics  
458-0065

### Treasurer

Maurice (Moe) Douville  
459-9487

### Recorder

Glenn Fritz  
460-2216

### Advocate

Norm Chartrand  
289-6044

### Warden

Brian Wolbert  
460-8294

### Lecturer

Mauri Maynard  
436-7339

### Outside Guard

Ely Estillore  
459-7987

### Inside Guard

Robert Pampu  
460-6740

### Trustee 1

Ron Van Halst  
458-6200

### Trustee 2

Rick Silvestri  
460-5955

### Trustee 3

Bernie McCracken  
459-2457

*Please bring a copy of this Beacon to the next regular meeting so that you can more fully participate in the readings, meditation and prayers. If you are unable to attend please reflect on the readings in your own way.*



## Grand Knights Report - April 2013

We are truly blessed to be living in such a special time in the Catholic Church. With the historic election of Pope Francis, I have had six Popes in my life since my baptism in 1960. Pope Francis took his name from St. Francis of Assisi, "the man of poverty", and identifies himself closely with the poor through his acts and statements, he is definitely a man of charity! Since the Knights founders guiding principle is charity, we are all united as one with Pope Francis in this most precious gift.

What better time than now to announce that your Executive has chosen a Seminarian to sponsor through, we pray, to his eventual ordination. I invite all Council 4742 Brother Knights to the May General Meeting to meet him and hear his story. I had the chance to meet him at our pancake breakfast. For this special occasion we have booked the church hall for the May 15<sup>th</sup> meeting. We will also be holding our Elections that evening. We have a full slate of candidates but always welcome nominations from the floor. If you are interested in letting your name stand for a position on the 2013/14 Executive, please contact Br. Joe Radosh at 780-458-3997.

Council 4742 hosted a very successful 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Degree exemplification on March 16<sup>th</sup> at the Star of the North. We would have liked to see more Brother Knights from Council 4742 receive their 2<sup>nd</sup> and 3<sup>rd</sup> degree, but the turnout from other Councils, even as far away as Vegreville, was very encouraging. Big thanks go out to Brothers Gerry Woodlock, John Onyskiw, Tony Csilies, Maury Maynard, Gerry Buccini, Moe Douville, and Bob Pampu. If I missed someone please accept my apologies. I would also like to thank the 1<sup>st</sup> and 2<sup>nd</sup> Degree Team from Brother Anthony Council, and Fr. Andrew. It was a full day, complete with a snow storm.

Our last Pancake Breakfast of the year is on Sunday, May the 5<sup>th</sup> after both the 9:00 and 11:00 a.m. masses. If you have made it out to every pancake breakfast this year, I thank you. If you have only made it out to a few, this is the one not to miss. The 11:00 a.m. breakfast will be very busy as it follows our very popular Blue Sunday Mass. This mass will once again be an event like no other in St. Albert. We are so proud to be able to host the men and women that put their lives on the line everyday so that we may be able to enjoy the lives we live here in our beautiful city. Our Fourth Degree Honour Guard will once again add pomp to the event. We will need everyone's help to welcome our guests of honour as well as serve breakfast immediately after the mass. If you are planning on attending the 9:00 a.m. mass and breakfast please make an effort to stick around and help out serving at the 11:00 a.m. breakfast. We need as many Knights out as we can get.

Enough for now. Br. Glenn Fritz and I will update everyone on the State Convention which we are attending in Calgary April 19<sup>th</sup> to 21<sup>st</sup>. Please keep Br. John Onyskiw in your prayers. I have nominated him for the position of State Warden.

*Vivat Jesus*

*Terry Sperling, Grand Knight*

**State Chaplain  
Father  
Henry  
Rosenbaum  
Retires**



Reverend Henry Rosenbaum SAC, the chaplain for the Knights of Columbus (K of C) in Alberta the Northwest Territories, has announced his retirement, to be effective at the end of this Columbian year (June 30). Fr. Henry has been the state chaplain for the past 13 years, acting as the spiritual adviser to state board of directors and chaplains of the 170 local councils and 18,000 knights in this jurisdiction.

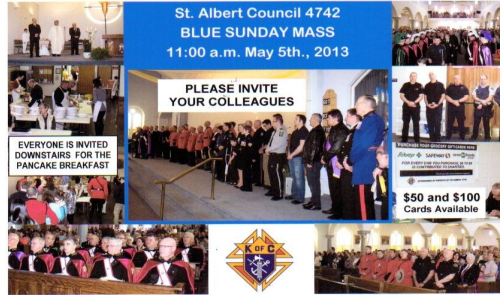
He is the author of the annual **Formation Programme**, a series of 10 scriptural readings and reflection on aspects of our Catholic faith. These are used by each local K of C council in their monthly meetings to ensure in a balance between their good works and their faith. The theme in 2012/13 is "Holiness of Life through the Practice of Virtue".

Father Henry will be honoured at this year's Knights of Columbus Annual Convention to be held in Calgary at the Coast Plaza Hotel April 19 - 21 at which time his successor will be introduced.

Fr. Henry will be greatly missed by all the knights he has met over the years. We wish him all the best in his retirement and are certain that he will continue to be a man of great influence in the years to come.

*Submitted by;  
Don Laurendeau  
K of C Calgary Chapter President  
and 2013 Convention Chairman*

Complete article can be found on the web at [kofc.org](http://kofc.org)



Our annual Blue Sunday celebration is almost upon us! Please join us at the 11 o'clock mass on May 5 to help honour those many men and women who will risk their lives on a daily basis to make our country and community a better place to live.

Luncheon and a recognition of the members (past and present) of our police forces, EMS workers, our firefighters, military personnel, sheriffs, and bylaw officers, prison guards, and the members of our Royal Canadian Legion will occur.

Following the mass, a special parish blessing will occur and then downstairs for pancakes! Please join us!

I would like to thank brothers Emil Guzik Jerry Keane and Mauri Maynard for their great assistance in planning for the event to ensure all the special guest are well taken care of. Also to brother Urban Stang and the many members of the pancake crew, who work tirelessly to ensure we're all fed so well.

In conclusion, I know how easy it is to miss someone or for an individual himself to miss knowledge of the event. I challenge you all brothers to invite a member of those categories listed above to attend I believe we all know someone who fits into one of the categories mentioned. Let's make this year event the biggest and best yet!  
*Vivat Jesus!*

*Gerry Buccini  
Deputy Grand Night.*

**Pizza Pizza Splash Splash  
Palm Sunday, March 24th.,  
Fountain Park Pool**



This event is part of the St. Albert Parish Council Family Program Plan. Knights of Columbus have for the past many years, put on a family swimming event. This event involved a two hour swim from 4-6 in the afternoon, followed by pizza supper in the party rooms at Fountain Park Pool. While we did not have as many people come out this year, we did have 106 participants. Due to fire code, we are required to have additional lifeguard as well as two party rooms for an expected crowd of 100.

**Funds of \$200.00 collected to donate to Development and Peace (water initiatives)**

*Submitted by; Tim Cusack*


**Good of the Order!**



**Conducted by  
Mauri Maynard**

*Please pray for*  
Al Stephenson,  
Armand Carrigan,  
Charles McGregor  
Ernie Sokolan,  
Marcel Venne,  
Clarence Sadler,  
Dave Biollo,  
Christian George  
Edmond Willigar  
*and for our departed*

**Brothers**  
Al Brealut,  
Bruce Sutherland



**Remember the Bingos are at Grandin Mall (Non Smoking)**

**Contact Jim Van Horn at 569-4022 to Volunteer.**

Wed., May 1 - Evening 4:45 start  
Fri., June 21 - Evening 4:45 start  
Sat., Aug 24 - Afternoon 10:45 am start  
Mon., Sept 16 - Evening 4:45 start  
Sat., Nov 9 - afternoon 10:45 am start  
Thurs., Dec 26 - evening 4:45 start  
Sun., Jan., 19 - afternoon 10:45 am start

**REMINDER! The May PANCAKE BREAKFAST will be held on Sunday MAY 5th. following the 9:00 a.m. and 11:00 a.m. Mass**

**Single Family \$15.00  
Adults \$5.00  
Children under 16 \$3.00**



**Obtain your Grocery Gift Cards before or after Mass.**

